

A photograph showing two men lifting a dark-colored kayak out of a blue inflatable pool. The pool is filled with water and has a red and white patterned bottom. The man on the left is seen from the back, wearing a green wristband and a black necklace. The man on the right is facing forward, wearing black swim trunks. They are both shirtless and muscular. The background shows a paved area and some greenery.



2 Person Teams (mm/ff) ☆ 5 WODS ☆ RX & Scaled

Hosted by:



CROSSFIT AGGREGATE

Benefitting:



WELCOME HOME

A COMMUNITY FOR VETERANS