

# **Columbia Community Resource Guide for Service Members, Veterans and their Families**

*Updated: 13 June 2018*

This information is for your convenience in finding resources that support Service Members, Veterans and their Families in Columbia, Missouri. The *Central-Missouri Community Veterans Engagement Board* neither endorse nor take responsibility for the content of other organization’s websites or their services.

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## Compensation Benefits

### Disabled American Veterans (DAV)

**Robert Canine** – Department Service Officer

Phone: 573-814-6012

Email: [robert.canine@va.gov](mailto:robert.canine@va.gov)

Address: Harry S. Truman Memorial Veterans' Hospital, 800 Hospital Drive (Room 540), Columbia MO 65201

Website: [www.davmo.org](http://www.davmo.org)

Description: Veterans Service Officers (VSO) provide counseling and assistance to Veterans and their dependents on available VA and state Veterans' benefits, complete and submit claims applications with all necessary documentation.

### Minority Veterans Program

**Justice Parazo** – Minority Veterans Program Manager

Phone: 573-814-6316

Email: [justice.parazo@va.gov](mailto:justice.parazo@va.gov)

Address: Harry S. Truman Memorial Veterans' Hospital, 800 Hospital Drive, Columbia MO 65201

Description: Education and awareness of VA benefits, POC for Minority Veterans who need assistance through the VA process.

### Missouri Veterans Commission

**Eugene O'Loughlin** – Senior Veterans Service Officer

Email: [Eugene.O'Loughlin@mvc.dps.mo.gov](mailto:Eugene.O'Loughlin@mvc.dps.mo.gov)

**Steven Fines** – Veterans Service Officer

Email: [Michael.Smith@mvc.dps.mo.gov](mailto:Michael.Smith@mvc.dps.mo.gov)

Phone: 573-882-5135

Address: Parkade Center, 601 Business Loop 70 W, Suite 214A, Columbia MO 65203

Website: [www.mvc.dps.mo.gov/service](http://www.mvc.dps.mo.gov/service)

Description: Veterans Service Officers (VSO) provide counseling and assistance to Veterans and their dependents on available VA and state Veterans' benefits, complete and submit claims applications with all necessary documentation.

### Transition Assistance-Missouri National Guard

**Mark Jones** – Transition Assistance Advisor

Phone: 573-638-9797, Cell: 573-291-8253

Email: [mark.s.jones9.ctr@mail.mil](mailto:mark.s.jones9.ctr@mail.mil)

Address: 2405 Logistics Road, Jefferson City MO 65109

Website: [www.moguard.com/transition-assistance](http://www.moguard.com/transition-assistance)

Description: Serves as the statewide point of contact to assist Service members in accessing Veterans Affairs' health care services and benefits. The program is designed to serve National Guard members and their families.

## **Veterans of Foreign Wars (VFW)**

**(currently unfilled)** – Assistant Service Officer

Phone: 573-814-6007

Email:

Address: Harry S. Truman Memorial Veterans' Hospital, 800 Hospital Drive (Room 537), Columbia MO 65201

Website: <http://www.vfw.org/>

Description: Veterans Service Officers (VSO) provide counseling and assistance to Veterans and their dependents on available VA and state Veterans' benefits, complete and submit claims applications with all necessary documentation.

## Behavioral Health

### **Columbia Vet Center**

Phone: 573-814-6206

Address: 4040 Rangeline Street, Columbia, MO 65202

Website: [www.va.gov/directory/guide/facility.asp?ID=5990](http://www.va.gov/directory/guide/facility.asp?ID=5990)

Description: Vet Centers provide a broad range of counseling, outreach, and referral services to combat Veterans and their families. Services for a Veteran may include individual and group counseling in areas such as Post-Traumatic Stress Disorder (PTSD), alcohol and drug assessment, and suicide prevention referrals. All services are free of cost and are strictly confidential.

### **Harry S Truman Memorial Veterans' Hospital**

#### **Behavioral Health Service Line (Green Team)**

Phone: 573-814-6486

Address: 800 Hospital Drive, Columbia MO 65201

Website: [www.columbiamo.va.gov/Behavioral\\_Health.asp](http://www.columbiamo.va.gov/Behavioral_Health.asp)

Facebook: [www.facebook.com/VAColumbiaMO/](http://www.facebook.com/VAColumbiaMO/)

Description: The Green Team provides consultation, evaluation and treatment for a variety of issues that can impact emotional well-being. The Green Team consists of psychiatrists, psychologists, social workers, nurses and rehabilitation specialists with specialties in overall emotional well-being, behavioral medicine, posttraumatic stress disorder, military sexual trauma, addictions, crisis intervention, geriatric psychology, pain management, neuropsychology, rehabilitation psychology and research.

### **Missouri Department of Mental Health**

#### **Veterans Services**

Phone: 573-751-2368

Email: [DMH.Veteran@dmh.mo.gov](mailto:DMH.Veteran@dmh.mo.gov)

Website: [www.dmh.mo.gov/veterans](http://www.dmh.mo.gov/veterans)

Description: For your convenience in finding behavioral health resources, we have compiled the following map of providers that are looking to provide services to service members, Veterans and their families. The website also has information and resources on health issues that are often experienced by military-connected people.

### **Total Recovery Substance Abuse Program, Inc.**

#### **Dawana Chatwell**

Phone: 314-329-8586

Email: [ceo@tresap.org](mailto:ceo@tresap.org)

Address: P.O. Box 332, Boonville MO 65233

Website: [www.tresap.org](http://www.tresap.org)

Description: Transitional housing program for Veteran women, women fleeing domestic violence, women who completed inpatient/outpatient substance abuse programs and women released from prison. Services include substance abuse counseling, drug education, relapse prevention, vocational development education, financial development/planning, personal and spiritual development, nutritional planning, and nicotine replacement therapy.

## Community Partners for Support Services

### **Office of Congresswomen Vicky Hartzler**, Fourth District, Missouri

**Kyler Cliffman** – Field Representative

Phone: 573-442-9311

Email: [kyler.cliffman@mail.house.gov](mailto:kyler.cliffman@mail.house.gov)

**Janna Worsham** – Field Representative

Phone: 573-442-9311

Email: [Janna.worsham@mail.house.gov](mailto:Janna.worsham@mail.house.gov)

**Delilah Nichols** – District Director

Phone: 573-442-9311

Email: [Delilah.nichols@mail.house.gov](mailto:Delilah.nichols@mail.house.gov)

Address: 2415 Carter Ln., Ste. 4, Columbia MO 65201

Website: [www.hartzler.house.gov](http://www.hartzler.house.gov)

Description: Advocacy and Congressional Inquiries on behalf of Veterans/Constituents when dealing with federal agencies such as the VA. This includes but is not limited to appeals when claims are denied.

### **Central Missouri Community Action (CMCA)**

CMCA Call Center: 573-443-1100

Address: 800 North Providence, Columbia MO 65203

Website: [www.showmeaction.org](http://www.showmeaction.org)

Description: The CMCA Community Organizing addresses local causes and conditions of poverty. Community Organizers work with community entities to ensure that all families are able to meet their basic needs as well as promote opportunities for lifelong learning. Access to traditional bank financing (**B-17 Loans**) which are limited to CMCA Participants in Cole County CMCA program participants who find themselves caught in the high-interest cycle of traditional pay-day loans may access a low-rate loan to pay off the high-interest loan. Customers of B-17 will receive one-on-one financial education and budgeting assistance to alleviate the need for future loans.

### **Family Assistance Center**

**Sara Williamson** – Family Assistance Center (FAC) Specialist (Region 4)

Phone: 573-659-1600 ext. 31626

Email: [sara.f.williamson2.ctr@mail.mil](mailto:sara.f.williamson2.ctr@mail.mil)

Address: 801 Armory Drive, Jefferson City MO 65109

Website: [www.moguard.com/family-assistance-centers](http://www.moguard.com/family-assistance-centers)

Description: Family Assistance Centers provide information, assistance and referral to Service Members, Veterans and their Families on a wide array of supportive services.

## **Military One Source**

**Amy Stephenson** – Military OneSource JFSAP Consultant Missouri

Phone: 573-356-2153

Email: [amy.stephenson@militaryonesource.com](mailto:amy.stephenson@militaryonesource.com)

Website: [www.MilitaryOneSource.mil](http://www.MilitaryOneSource.mil)

Facebook: [www.facebook.com/military.1source/](http://www.facebook.com/military.1source/)

Description: Military OneSource offers a wide range of individualized consultations, coaching and counseling for many aspects of Military Life. We serve active-duty service members, National Guard and reserves, recently separated service members, military families and survivors.

## **Missouri Veterans Commission**

**Jamie Talken** – Missouri Veteran Commission Ombudsman

Phone: 573-751-3779

Email: [Jamie.talken@mvc.dps.mo.gov](mailto:Jamie.talken@mvc.dps.mo.gov)

Address: 205 Jefferson Street (12<sup>th</sup> floor of Jefferson Building), Jefferson City MO 65102

Website: [www.mvc.dps.mo.gov/about/omb](http://www.mvc.dps.mo.gov/about/omb)

Description: Assists Veterans, Service Members and their families with extraordinary needs that are not being met by other agencies or organizations. The Ombudsman acts as a referral source to local, state and national resources available to address these needs.

## **United Way 2-1-1**

**Kate Rollins** – Resource/Outreach Specialist

Phone: 314-541-8210

Email: [kate.rollins@stl.unitedway.org](mailto:kate.rollins@stl.unitedway.org)

Address: 205 Alameda Drive, Jefferson City MO 65109 (service area includes Columbia)

Website: [www.211missouri.org](http://www.211missouri.org)

Description: When you dial 2-1-1, you will be connected to a trained professional, who can provide referrals to valuable health and human services in your area including: food pantries, shelters, rent or utility assistance, physical and mental health resources, work Initiates, support for seniors and those with disabilities, support for children, youth and families, etc.

## Education

### Columbia College

#### Military and Veterans Services

Phone: 573-875-7504

Email: [vacert@ccis.edu](mailto:vacert@ccis.edu)

Address: 226 Missouri Hall, 1001 Rogers Street, Columbia MO 65201

Website: [www.ccis.edu/military](http://www.ccis.edu/military)

Description: Columbia College, to include all 36 campuses, fully complies with Executive Order 13607 establishing Principles of Excellence for Educational Institutions Serving Service Members, Veterans, Spouses and Other Family Members. We are dedicated to continuing our long-standing partnership with military and veteran communities. We are military friendly and offer scholarships and discounts for service members and spouses, Yellow Ribbon Program participant, Member of the Servicemembers Opportunity Colleges (SOC) and the SOC Degree Network System, and courses of study are Veterans Administration (VA) approved by state approving agencies.

### University of Missouri-Columbia

**Keith Herdzina** – Student Service Advisor

Phone: 573-884-4383

Email: [herdzinaj@missouri.edu](mailto:herdzinaj@missouri.edu)

Address: N-5 Memorial Student Union, Columbia MO 65211

Website: [www.healthprofessions.missouri.edu/student-services](http://www.healthprofessions.missouri.edu/student-services)

Description: We provide comprehensive services for students and guidance for parents and faculty in the areas of Recruitment, Scholarships, Admissions, Advising, Retention, Graduation, and Career and Professional Development.

**Derek Collier** – Military and Veteran Specialist, Mizzou Online

Phone: 573-882-8087, 573-220-6609

Email: [collierd@missouri.edu](mailto:collierd@missouri.edu)

Website: [www.online.missouri.edu](http://www.online.missouri.edu)

Description: Mizzou Online offers over 100 online education programs from undergraduate to PhD that are available to all with a military affiliation, and non-military. We offer a Military Tuition Award for active, retired, spouses, dependents, Reserve, and Guard. This tuition award is 10% off the base credit hour rate. Our MU Veterans Center is a resource for veteran students for such things as GI Bill processing, counseling, and collaboration with other veteran students. Mizzou is also a Yellow Ribbon school.

**Emily Johnson** – COO and Associate Director for the Institute of Public Policy

Phone: 573-884-5473

Email: [johnsonemi@missouri.edu](mailto:johnsonemi@missouri.edu)

Address: 900 University Ave., 137 Middlebush Hall, Columbia MO 65211-6100

Website: [www.ipp.missouri.edu](http://www.ipp.missouri.edu)

Description: Institute can provide research services on various needs of veteran community organizations to empower their organized positions to support Veterans.

## Employment

### Employer Support for the Guard and Reserve (ESGR)

**Don Koonce** – MOESGR Vice-Chair

Phone: 573-826-5406

Email: [donkoonce2@gmail.com](mailto:donkoonce2@gmail.com)

Website: <http://www.esgr.mil/MO>

Facebook: <https://www.facebook.com/MissouriESGR>

Description: employment assistance, Ombudsman program for USERRA issues, awards program for employer's awards, boss lift program, employer outreach, military outreach, H2H Jobs (Employment Coordinator).

### Manpower

**Margaret Willingham** – Branch Manager

Phone: 573-817-2552

Address: 701 Vandiver Dr., Ste 201, Columbia MO 65202

Email: [margaret.willingham@manpower.com](mailto:margaret.willingham@manpower.com)

Description: employment agency that offers full-time employment opportunities for Service members, Veterans and their Families.

### Missouri Job Center

**W. Pete Hall** – Disabled Veterans' Representative (DVOP)

Phone: 573-441-6345

Email: [warren.hall@ded.mo.gov](mailto:warren.hall@ded.mo.gov)

Website: [www.jobs.mo.gov](http://www.jobs.mo.gov)

Address: 1500 Vandiver Drive, Suite 115, Columbia MO 65202

Description: works with Veterans that have significant barriers to employment through workshops, one-on-one or group (resume, interviewing skills training).

### National Guard Employment Support Program (ESP)

**Erick Turley** – Program Support Specialist (PSS)

Phone: 573-638-9500, dial 2, then ext. 37730#

Email: [erick.d.turley.ctr@mail.mil](mailto:erick.d.turley.ctr@mail.mil)

Address: 2405 Logistics Road, Jefferson City MO 65101 (service area includes Columbia)

Description: supports Missouri National Guard service members in finding meaningful careers and job opportunities.

### U.S. Department of Labor

**Jeremy Amick** – Assistant Director, Missouri Veterans' Employment and Training Service (VETS)

Phone: 573-751-3814

Email: [Amick.jeremy@dol.gov](mailto:Amick.jeremy@dol.gov)

Address: 421 East Dunklin Street, Jefferson City MO 65101 (service area includes Columbia)

Description: VETS serve Veterans and separating service members by preparing them for meaningful careers, providing employment resources and expertise, and protecting their employment rights.



## **VA Employment Support**

**Eldon Fletcher** MBA – Community Employment Coordinator (CEC)

Fax: 573-814-6493

Email: [eldon.fletcher@va.gov](mailto:eldon.fletcher@va.gov)

Address: Harry S. Truman Memorial Veterans' Hospital, 800 Hospital Drive, Columbia MO 65201

Description: A variety of vocational programs to assist Veterans with obtaining the necessary skills to obtain and maintain competitive employment. We collaborate with multiple Federal, State and community agencies for various types of vocational skills training programs.

## Faith Based Community

### **Broadway Christian Church**

**Debbie Graham** – Office Manager Outreach Ministry

Phone: 573-445-5312

Email: [dgraham@broadwaychristian.net](mailto:dgraham@broadwaychristian.net)

Address: 2601 W. Broadway St., Columbia MO 65201

Website: <http://www.broadwaychristian.net/>

Description: The congregation of Broadway Christian Church proclaims that we are a place of welcome to all, regardless of race, gender, age, sexual orientation, gender identity, ethnicity, marital status, physical or mental ability, political stance, socioeconomic background, criminal history, or theological perspective. We welcome all to this congregation, to Christ's table, and to service within the church. We recognize the faith, baptism and spiritual gifts of all Christians and those yearning to know Christ and celebrate that we are all children of God, striving to do God's will.

### **Warriors' Journey Home (Healing Circle)**

**Dr. David Hammer**

Phone: 402-770-2676

Address: 2120 Business Loop 70E, Columbia MO 65201

Email: [hammerr@missouri.edu](mailto:hammerr@missouri.edu)

Website: [www.warriorsjourneyhome.org](http://www.warriorsjourneyhome.org)

Description: Our mission is to provide spiritual healing and soul repair from the invisible wounds for veterans, families and the community. It takes a community to heal the invisible, moral injuries and wounds of war.

## Health

### **American Red Cross**

#### **Columbia Office**

Phone: 573-303-9050

Address: 1511 S. Providence Road, Columbia MO 65203

Website: <http://www.redcross.org/local/missouri/eastern-missouri/chapter-locations/central-northern-missouri>

Description: Emergency communication, access to emergency financial assistance, information and referrals, resiliency, coping and reintegration education, preparedness and job skills, Military hospitals and clinic programs.

### **Bridges of Missouri**

#### **Cheryl Fultz**

Phone: 660-619-4708

Email: [cfultz@bridgescss.com](mailto:cfultz@bridgescss.com)

Address: 122 S. Ohio, Sedalia MO 65301 (service area includes Columbia)

Website: [www.bridgescss.com](http://www.bridgescss.com)

Description: Serves survivors of traumatic brain injury, and people with and intellectual or physical disability. Because each individual is unique, services are tailored to their needs. Intensity of support services range from a few hours a week, part-time home and community supports, to 24 hours a day, full-time supported living services.

### **Harry S Truman Memorial Veterans' Hospital**

Phone: 573-814-6000

Address: 800 Hospital Drive, Columbia MO 65201

Website: [www.columbiamo.va.gov](http://www.columbiamo.va.gov)

Truman VA provides a full continuum of care in both inpatient and outpatient settings and is committed to excellent patient care, education and research. The facility offers comprehensive care including primary care, medical and surgical specialties, behavioral health, physical and occupational therapy and pharmacy services. In addition, Truman VA is a referral center for heart care services including open heart surgery. The facility also offers additional services including audiology & speech pathology, social work services, dermatology, dental, neurology, oncology, orthopedic surgery, podiatry, prosthetics, urology and vision care.

### **Missouri Department of Health & Senior Services**

#### **Shalon Schonhardt – Brain Injury Service Coordinator**

Phone: 573-636-2181 ext 3122

Email: N/A

Address: Cole County Health Department, 1616 Industrial Dr., Jefferson City MO 65109

Website: [www.colecounty.org/214/Adult-Head-Injury-Program](http://www.colecounty.org/214/Adult-Head-Injury-Program)

Description: The Adult Head Injury Program assists Missouri residents who have sustained a traumatic brain injury (TBI). Coordinators can assist individuals with TBI's and their families with locating, coordinating and purchasing rehabilitation and psychological services. Service Coordination is available to adult survivors of TBI regardless of financial status.

## Housing

### **Balance of State Coordinated Entry-Region 5**

#### **Compass Health Housing Hotline**

Phone: 888-223-4640

Email: [housing@compasshn.org](mailto:housing@compasshn.org)

Description: Many community mental health provider agencies in Region 5 do assessments for people enrolled in their services. If you are not enrolled in services, call the Housing Hotline to get information about Coordinated Entry and to get an assessment done.

### **Central Missouri Community Action (CMCA)**

#### **Colita Harvey – Housing Program**

Phone: 573-777-5239

Address: 800 North Providence, Columbia MO 65203

Website: [www.showmeaction.org/services/rental-assistance](http://www.showmeaction.org/services/rental-assistance)

Description: The CMCA Community Organizing offers the Housing Choice Voucher (Section 8) Program that provides rental assistance to low income individuals and families in Callaway (except in the city limits of Fulton), Cole, Cooper, Howard, Moniteau, and Osage counties. The program helps to pay a subsidy amount towards the rent of low-income persons, so they can live in the house, condo, duplex, townhome, apartment, or mobile home of their choice.

### **Health Care for Homeless Veterans Program (HCHV)**

#### **Katie Burnham Wilkins – LCSW, Health Care for Homeless Veterans Program Coordinator**

Phone: 573-814-6244

Email: [katherine.wilkins@va.gov](mailto:katherine.wilkins@va.gov)

Address: Harry S. Truman Memorial Veterans' Hospital, 800 Hospital Drive (Room 544), Columbia MO 65201

Description: Providing a wide array of services including Primary Care, mental health, substance abuse, specialty care, psychosocial rehabilitation, emergency/transitional housing, permanent vocational programs, and veteran justice outreach.

### **U. S. Department of Agriculture - Rural Development**

#### **Amy Dati – Community Programs Technician**

Phone: 573-876-0995

Email: [amy.dati@mo.usda.gov](mailto:amy.dati@mo.usda.gov)

#### **Pam Anglin**

Phone: 573-876-9305

Email: [pamela.anglin@mo.usda.gov](mailto:pamela.anglin@mo.usda.gov)

Address: 601 Business Loop 70 West (Parkade Center), Suite 235, Columbia MO 65202.

Website: [www.rd.usda.gov/mo](http://www.rd.usda.gov/mo)

Description: Offers Direct Home Loans, Home Repair Loans & Grants, Home Loan Guarantees, Multi-Family Housing Rental Assistance, and Business Development Loans & Grants.

## **Total Recovery Substance Abuse Program, Inc.**

**Dawana Chatwell**

Phone: 314-329-8586

Email: [ceo@tresap.org](mailto:ceo@tresap.org)

Address: P.O. Box 332, Boonville MO 65233

Website: [www.tresap.org](http://www.tresap.org)

Description: **Transitional housing program** for Veteran women, women fleeing domestic violence, women who completed inpatient/outpatient substance abuse programs and women released from prison. Available resources: Substance abuse counseling, drug education, relapse prevention, vocational development education, financial development/planning, personal and spiritual development, nutritional planning, nicotine replacement therapy.

## **Welcome Home, Inc.**

**Jonathan Jedlow**, LCSW – Housing Programs Director

Office: 573-443-8001 ext. 107

Email: [jjedlow@welcomeveterans.org](mailto:jjedlow@welcomeveterans.org)

**Scott W. Buis**, MSW, LMSW – Veterans Resource Director

Phone: 573-443-8001 ext. 104

Email: [sbuis@welcomehomeveterans.org](mailto:sbuis@welcomehomeveterans.org)

Address: 2120 Business Loop 70 East, Columbia MO 65201

Website: [www.welcomeveterans.org](http://www.welcomeveterans.org)

Description: Emergency/Transitional Shelter for Homeless Veterans. Facility has 32 rooms with capacity to shelter female Veterans and Veterans with spouse/children. Day services available M-F 9am-5pm including bus tickets, food, and case management focusing on meeting basic needs. Rapid Re-Housing program for eligible Veterans provides case management emphasizing on obtaining housing in a 90-day time frame, security deposit, and rent. VETS work program for any underemployed or unemployed Veterans that live in coverage area.

## Legal Assistance

### Mid-Missouri Legal Services

#### Veterans Clinic (Bill Chancy)

Phone: 573-442-0116

Address: Harry S Truman Memorial Veterans' Hospital, 800 Hospital Drive, Rm 536, Columbia MO 65201

Description: MMLS hosts a walk-in clinic at Harry S Truman Memorial Veterans' Hospital in Columbia every Tuesday and Thursday between 9:00 a.m. and 12:00 p.m. Veterans are able to drop in at the clinic and speak with an MMLS attorney regarding their legal issues.

### University of Missouri-Columbia

**Angela K. Drake** – Supervising Attorney for the School of Law Veterans Clinic

Phone: 573-882-7630

Email: [Drakea@missouri.edu](mailto:Drakea@missouri.edu)

Address: 104C Hulston Hall, Columbia MO 65211-4300

Website: <http://law.missouri.edu/jd/skills/veterans-clinic/>

Description: Students at the University's School of Law Veterans Clinic help veterans and their families secure disability benefits.

### Veterans Justice Outreach

**Danielle Easter**, MSW, LCSW – Veterans Justice Outreach Coordinator

Phone: 573-814-6644, Cell: 573-228-8509

Email: [Ollie.easter@va.gov](mailto:Ollie.easter@va.gov)

Address: Harry S. Truman Veterans' Memorial Hospital, 800 Hospital Drive, Columbia MO 65201

Description: Veteran Justice Outreach Program, assist Veterans in the criminal justice system to excess treatment services, provide training to law enforcement, Veteran treatment court, and legal claims.

### Veterans Treatment Court

**Clayton Van Nurden** – Treatment Court Administrator

Phone: 573-886-4157

Address: 607 East Ash Street, Columbia, MO 65201

Description: Mentors for Veterans in the Court System.

## Social Organizations and Volunteer Opportunities

### Blue Star Mothers of America, Inc.

Becky Stafford – Central Missouri Chapter President

Phone: 573-220-0807

Email: [cbsmpresident@gmail.com](mailto:cbsmpresident@gmail.com)

Mailing Address: 4354 Red Barn Road, Fulton MO 65251

Website: [www.bluestarmothers.org](http://www.bluestarmothers.org)

Description: We are mothers, stepmothers, grandmothers, foster mothers and female legal guardians who have children serving in the military, guard or reserves, or children who are veterans. We support each other and our children while promoting patriotism.

### Central Missouri Community Action (CMCA)

Julie McNeil – Foster Grandparent Program Manager

Phone: 573-443-8706 ext. 1131

Email: [Julie-mcneill@showmeaction.org](mailto:Julie-mcneill@showmeaction.org)

Address: 800 North Providence, Columbia MO 65203

Website: [www.showmeaction.org](http://www.showmeaction.org)

Description: The CMCA Community Organizing addresses local causes and conditions of poverty. Community Organizers work with community entities to ensure that all families are able to meet their basic needs as well as promote opportunities for lifelong learning. The **Foster Grandparent Program** is a volunteer program for low income senior citizens, who are 55 years old or older, which provides an hourly stipend for time spent volunteering with at risk youth in the community.

### Team RWB

Jill Shanteau

Phone: N/A

Email: [jill.shanteau@teamrwb.org](mailto:jill.shanteau@teamrwb.org)

Address: N/A

Website: [www.teamrwb.org/chapter/team-rwb-columbia-mo](http://www.teamrwb.org/chapter/team-rwb-columbia-mo)

Facebook: [www.facebook.com/groups/1475403036083232/](https://www.facebook.com/groups/1475403036083232/)

Description: Team RWB's mission is to enrich the lives of America's veterans by connecting them to their community through physical and social activity.

### VA Voluntary Service

Sylvia M. Jackson – Chief, Voluntary Service

Phone: 573-814-6405

Email: [Sylvia.jackson@va.gov](mailto:Sylvia.jackson@va.gov)

Address: Harry S. Truman Veterans' Memorial Hospital, 800 Hospital Drive, Columbia MO 65201

Description: Some of the ways you can volunteer at the VA hospital include information desk, patient escort, cheer cart, volunteer drivers and more. Volunteers must go through an interview and agree to a background check.

## Transportation

### **Missouri Department of Health & Senior Services**

#### **Transportation Services Catalog**

Phone: N/A

Address: N/A

Website: <https://health.mo.gov/atoz/pdf/transportationservices.pdf>

Description: This resource can help locate free or low cost transportation resources available to assist with medical appointments. Each service may have requirements including specific payers, days, locations and routes.

### **Veterans Transportation Services (VTS)**

Phone: 573-814-6005

Address: Harry S. Truman Memorial Veterans' Hospital, 800 Hospital Drive, Columbia MO 65201.

Description: VTS provides qualifying Veterans with free transportation services to and/or from the VA medical center in a multi-passenger van. This service ensures that all qualifying Veterans who do not have access to transportation options of their own, due to financial, medical, or other reasons, are able to travel to VA medical facilities or authorized non-VA appointments to receive the care they have earned.



## Veteran Service Organizations

### **American Legion Post 1111 Central MO Women Veterans**

**Vicki L. Buss** – Service Officer

Phone: 573-808-0478

Email: [vickibuss51@gmail.com](mailto:vickibuss51@gmail.com)

Address: 3705 Wayside Drive, Columbia MO 65202

Website: <http://www.legion.org/services>

Facebook: [www.facebook.com/Central-Missouri-Women-Veterans-American-Legion-Post-1111-654472417905746](http://www.facebook.com/Central-Missouri-Women-Veterans-American-Legion-Post-1111-654472417905746)

Description: An American Legion post that is for all women veterans, active or that have proudly served in all branches of the service.

### **American Veterans (AMVETS) Post 182**

**Carol Thompson**

Phone: 573-445-0203

Email: [princess123@centurylink.net](mailto:princess123@centurylink.net)

Address: Columbia, MO 65203

Description: open to all honorably discharged American Veterans, including Guard and Reserves. AMVETS services include Educational scholarships, VSO, voice in government, reintegration services, Veteran's history projects, National Guard programs, National Coalition for Homeless, AMVETS against drugs and alcohol, Americanism programs.

### **Marine Corps League Detachment #828**

Phone: N/A

Email: [scallis@hughes.net](mailto:scallis@hughes.net)

Address: 1509 Ashley St., Columbia MO 65201 (VFW Post 280)

Facebook: [www.facebook.com/groups/474708652679082](http://www.facebook.com/groups/474708652679082)

Description: Members of the Marine Corps League join in camaraderie and fellowship for the purpose of preserving traditions, promoting the interests of the United States Marine Corps, banding together those who are now serving in the United States Marine Corps and those who have been honorably discharged from that service. Effectively promote the ideals of American freedom and democracy. Voluntarily aiding and rendering assistance to all Marines.

### **Mid-West Women Veterans Association (MWWVA)**

**Joy Smith**

Phone: 573-808-0000

Email: [womenvets1@gmail.com](mailto:womenvets1@gmail.com)

Address: N/A

Facebook: [www.facebook.com/groups/485617181574094](http://www.facebook.com/groups/485617181574094) (closed group)

Description: Group is open to women veterans of all branches of services.

## **Veterans of Foreign Wars Post 280**

Phone: 573-442-8413 (Tuesday through Saturday 3pm to 9pm)

Email: accessed through website <https://vfw280.org/contact.php>

Address: 1509 Ashley St., Columbia MO 65201

Website: <https://vfw280.org/home.php>

Facebook: [www.facebook.com/vfw280columbia](http://www.facebook.com/vfw280columbia)

Description: The Veterans of Foreign Wars of the United States is a nonprofit veteran service organization comprised of eligible veterans and military service members from the active, guard and reserve forces. The VFW mission is to foster camaraderie among United States veterans of overseas conflicts; to serve our veterans, the military and our communities; to advocate on behalf of all veterans.